

Module 1: Getting to Know the *Kentucky Academic Standards (KAS) for Physical Education*

Planning guide for grade _____

KAS for Physical Education	Instructional Notes	Opportunities for Internal Communication	Opportunities for Outside Collaboration
Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.			
Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.			
Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.			
Standard 4: Demonstrate responsible personal and social behavior that exhibits respect for self and others.			
Standard 5: Demonstrate value of physical activity for health, enjoyment, challenge, self-expression and social interaction.			

Module 1: Getting to Know the *Kentucky Academic Standards (KAS) for Physical Education*

Planning guide for _____

KAS for Physical Education	Connections Across Grade Levels: Previous Grade	Connections within Grade Level	Connections Across Grade Levels: Upcoming Grade
Standard 1: Demonstrate competency in a variety of motor skills and movement patterns.			
Standard 2: Apply knowledge of concepts, principles, strategies and tactics to movement and performance.			
Standard 3: Demonstrate knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.			
Standard 4: Demonstrate responsible personal and social behavior that exhibits respect for self and others.			
Standard 5: Demonstrate value of physical activity for health, enjoyment, challenge, self-expression and social interaction.			